COURSES OF THE COLLEGE

The colleges offer a variety of courses which extend beyond the boundaries of a single discipline. Some courses may fulfill Integrations Curriculum requirements.

COLG 105Q Global Activism, Youth, and Social Movements (1 Credit)
This interactive one-credit course introduces students to youth-led social movements in Africa and beyond, drawing lessons from the 1976 student protests and the 2015 - 2017 Fees Must Fall protests in South Africa, the Arab Spring in North Africa, and Black Lives Matter in the United States. While discussing conflict theories and conflict resolution approaches, the course focuses on the unique roles for young people in creating social change. This course is taught by Dr. Siyabulela Mandela, who recently earned a Ph.D. in International Relations and Conflict Management. Dr. Mandela has deep connections to social justice movements across the world like his late grandfather, the late former President of South Africa and Nobel Peace Prize winner, Nelson Mandela.
Prerequisites: None

COLG 105R GRAND ILLUMINATION (1 Credit)
This reading group aligns with the Grand Illuminations series, which focuses on spirited public conversations that wrestle with the complexities of putting together a good and meaningful life. Participants engage in the public events, do short readings before and after the conversations, and conclude the course by joining in a group discussion based on the public conversations.
Prerequisites: None

COLG 106A Tutor for Writing (1 Credit)
The course is required for students that have a work award or ILP and are new to the Writing Center. Students learn about the theory and practice of tutoring writing. Strategies for engaging students in one-on-one and group tutoring at all stages of the writing process are emphasized. Completion of FYS and approval of instructor required for enrollment.
Prerequisites: None

COLG 115 Introductory STEM Topics I (1 Credit)
First year students intending to become STEM majors (biochemistry, biology, chemistry, computer science, mathematics, or physics) will form a cohesive and supportive peer group as they are introduced to STEM careers, research, internship opportunities and develop practical and leadership skills. The instructor for this course will serve as their advisor. Topics will include summer internship applications, an introduction to scientific literature, industry tours, and alumni networking. Students will develop resilience as they face challenges in becoming independent learners, and balancing leadership, service and academic commitments. Offered for S/U grading only. Fall.
Prerequisites: None
Equivalent courses: CHEM 115

COLG 116 Introductory STEM Topics II (1 Credit)
A continuation of Introductory STEM Topics I. First year students intending to become STEM majors (biochemistry, biology, chemistry, computer science, mathematics, or physics) will form a cohesive and supportive peer group as they are introduced to STEM careers, research, internship opportunities and develop practical and leadership skills. The instructor for this course will serve as their advisor. Topics will include summer internship applications, an introduction to scientific literature, industry tours, and alumni networking. Students will develop resilience as they face challenges in becoming independent learners, and balancing leadership, service and academic commitments. Prerequisite: 115. Course offered for S/U grading only. Spring.
Prerequisites: COLG 115 or CHEM 115
Corequisites: COLG 116L
Equivalent courses: CHEM 116

COLG 121 Medical Terminology (1 Credit)
This introductory course is designed to provide a foundation for using medical terminology. Students will become familiar with the structure of the medical language in order to learn medical terms and abbreviations.
Prerequisites: None

COLG 125 Cultural Academic Orientation (1 Credit)
Social and academic life on a United States campus and socio-academic realities of the College of Saint Benedict/Saint John's University and the surrounding area. Focus on cultural adjustment cycle, and strategies that help students integrate themselves in U.S. campus life. Topics that will also be covered are immigration laws, health services, library services, course registration and advising, plagiarism, security, sexual violence and harassment issues, racism and xenophobia. S/U grading only. Fall and Spring. Recommended for all entering new and transfer undergraduate international students. Permission of instructor required.
Prerequisites: None

COLG 128 Personal Finance (2 Credits)
This course will give students a fundamental understanding of several important money management concepts used in daily life in college and far beyond. Topics will include general financial planning, budgeting, paying for college, income taxes, financial institutions, credit, loans (including student loans), insurance, saving and investments, and retirement planning.
Prerequisites: None

COLG 130 EMT Basics (4 Credits)
This course covers basic minimal emergency care required to work on an ambulance or a first responder squad. The course offers basic to more advanced techniques of pre-hospital emergency care. Prerequisite: CPR for the Professional Rescuer. Course offered for S/U grading only.
Prerequisites: None

COLG 201 Benedictine Heritage and Practice (2 Credits)
Benedict as portrayed by Gregory the Great and in subsequent literature and art, the spread of Benedictine monasticism worldwide, historical reforms of Benedictine monasticism; the history of Metten and Eichstatt and those monasteries’ role in founding Saint John’s Abbey and Saint Benedict’s, key historical figures in women’s and men’s monasticism; and key themes in applying monastic practices to one’s life in college and beyond: Awareness of God, Community, Living, Dignity of Work, Hospitality, Justice, Listening, Moderation, Peace, Respect for Persons, Stewardship, and Care for the Environment.
Prerequisites: None
COLG 203A  Leadership Lessons with John Gagliardi (1 Credit)
A study of the qualities necessary for effective leadership, inspired by the legendary football coach John Gagliardi. Course offered for S/U grading only.
Prerequisites: None

COLG 204  Introduction to Private Equity Investments (1 Credit)
A study of the lifecycle of private equity investments — including acquiring capital, analyzing opportunities (sourcing the deal), selecting an investment, managing the investment, and exiting the investment. Offered for S/U grading only.
Prerequisites: None

COLG 271  Individual Learning Project (1-4 Credits)
Supervised reading or research at the lower-division level. Permission of Director of Academic Advising required. Not available to first-year students.
Prerequisites: None

COLG 370  SCSU/SABRO COURSES (4 Credits)
Prerequisites: None
Corequisites: XXXX 43

COLG 371  Individual Learning Project (1-4 Credits)
Supervised reading or research at the upper-division level. Permission of department chair and completion and/or concurrent registration of 12 credits within the department required. Consult department for applicability towards major requirements. Not available to first-year students.
Prerequisites: None

COLG 396  Distinguished Thesis Proposal (1 Credit)
Student will work closely with a faculty advisor from the student's major department to develop a proposal for a thesis. The proposal will include: title, selection of committee members, statement of purpose and value to discipline, preliminary outline of project, bibliography and summary. Note that this is a self-directed process. Junior standing is required to enroll in Thesis Proposal. In rare cases, COLG 396 may be taken concurrently with COLG 398, but this must be approved by the department chair. Offered for S/U grading only.
Prerequisites: None
Equivalent courses: HONR 396

COLG 397  Internship (1-16 Credits)
Supervised career exploration which promotes the integration of theory with practice. An opportunity to apply skills under direct supervision in an approved setting. Prerequisites: approval the Director of Academic Advising and a faculty moderator; completion of the pre-internship seminar.
Prerequisites: None
Attributes: Experiential Engagement (EX)

COLG 398  Distinguished Thesis Essay, Research or Creative Project (1-4 Credits)
Student will work closely with a faculty advisor from the student's major department writing a thesis, often in an area closely related to the advisor's own research or creative work. This research will typically take place over the course of one academic year or longer, and includes a prerequisite for a proposal (396). Student will form a committee comprised of 1 advisor and 2 readers. The thesis culminates in a 60 minute defense. Senior standing is required to enroll in All College Thesis. May be split between semesters. Offered for A-F grading only.
Prerequisites: COLG 396 or HONR 396
Equivalent courses: HONR 398