

NUTRITION MAJOR

Four Year Plans

Nutrition - Pre-Medicine

Course	Title	Hours
First Year		
Fall		
INTG 105	College Success	1
INTG 100	Foundations	4
Language 111		4
NUTR 125	Concepts of Nutrition Science	4
BIOL 101	Foundations of Biology	4
Hours		17
Spring		
CSD 100	Cultural and Social Difference: Identity	4
Language 112		4
PSYC 111	Introductory Psychology	4
BIOL 201	Intermediate Cell Biology and Genetics	4
Hours		16
Second Year		
Fall		
Language 211		4
THEO 100	Theological Explorations	4
NUTR 225 or NUTR 223	Food & Culinary Science (NW) or Introduction to Food Science	4
CHEM 125	Introduction to Chemical Structure and Properties	4
CHEM 201	Purification and Separation Lab I	1
Hours		17
Spring		
HE Way of Thinking Course		4
BIOL 216	Human Physiology	4
NUTR 323	Public Health Nutrition: Infancy Through Aging	4
CHEM 250	Reactions of Nucleophiles and Electrophiles (Reactivity 1)	4
CHEM 202	Purification and Chromatography Lab II	1
Hours		17
Third Year		
Fall		
AE Way of Thinking Course with Artistic Engagement		4
PHYS 105	Physics for the Life Sciences I	4
CHEM 251	Intermediate Reactions of Nucleophiles and Electrophiles (Reactivity 2)	4
CHEM 203	Synthesis Lab	1
COLG 121	Medical Terminology	1
NUTR Elective		4
Hours		18
Spring		
Cltural and Social Difference: Systems with additional requirement		4
PHYS 106	Physics for the Life Sciences II	4
MATH 119	Calculus I	4
CHEM 255	Macroscopic Chemical Analysis	4
CHEM 205	Chemical Measurement Lab	1
Hours		17
Fourth Year		
Fall		
Theology Integrations		4
SOCI 111	Introduction to Sociology (or 2nd PSYC Course)	4
NUTR 301	Diet, Health & Disease Prevention	4
NUTR 395	Senior Nutrition Seminar (Capstone)	2
Hours		14

Spring

INTG 300	Learning Integrations	4
BIOL 317	Biochemistry	4
MATH 124	Probability and Statistical Inference	4
NUTR Elective		4
Hours		16
Total Hours		132

Nutrition - Pre-PT/Pre-OT/Pre-Health

Course	Title	Hours
First Year		
Fall		
INTG 105	College Success	1
INTG 100	Foundations	4
Language 111		4
NUTR 125	Concepts of Nutrition Science	4
CHEM 125	Introduction to Chemical Structure and Properties	4
CHEM 201	Purification and Separation Lab I	1
Hours		18
Spring		
CSD 100	Cultural and Social Difference: Identity	4
Language 112		4
PSYC 111	Introductory Psychology	4
CHEM 250	Reactions of Nucleophiles and Electrophiles (Reactivity 1)	4
CHEM 202	Purification and Chromatography Lab II	1
Hours		17
Second Year		
Fall		
Language 211		4
THEO 100	Theological Explorations	4
NUTR 225 or NUTR 223	Food & Culinary Science (NW) or Introduction to Food Science	4
NUTR 220	Exploring Weight Issues: Obesity and Eating Disorders	2
BIOL 101	Foundations of Biology	4
Hours		18
Spring		
HE Way of Thinking Course		4
MATH 124	Probability and Statistical Inference	4
NUTR 323	Public Health Nutrition: Infancy Through Aging	4
BIOL 201	Intermediate Cell Biology and Genetics	4
COLG 121	Medical Terminology	1
Hours		17
Third Year		
Fall		
AE Way of Thinking Course with Artistic Engagement		4
PHYS 105	Physics for the Life Sciences I	4
BIOL 325	Human Anatomy and Physiology I	4
NUTR 330	Nutritional Biochemistry and Assessment (Macronutrients)	4
Hours		16
Spring		
Cltural and Social Difference: Systems with additional requirement		4
PHYS 106	Physics for the Life Sciences II	4
MATH 119	Calculus I	4
BIOL 326	Human Anatomy and Physiology II	4
Hours		16
Fourth Year		
Fall		
Theology Integrations		4
PSYC 360	Developmental Psychology	4
NUTR 301	Diet, Health & Disease Prevention	4

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NUTR 342	Interviewing and Counseling Skills	2
NUTR 395	Senior Nutrition Seminar (Capstone)	2
Hours		16
Spring		
INTG 300	Learning Integrations	4
PSYC 381	Psychological Disorders	4
NUTR 302	Physiology of Weight Regulation (or two credit NUTR elective)	2
Nutrition or Other Elective		4
Hours		14
Total Hours		132