

# ATHLETIC TRAINING

## Four Year Plan Pre-Athletic Training

Course	Title	Hours
<b>First Year</b>		
<b>Fall</b>		
INTG 105	College Success	1
INTG 100	Foundations	4
LNGS 111		4
NUTR 125	Concepts of Nutrition Science	4
TE		4
<b>Hours</b>		<b>17</b>
<b>Spring</b>		
CI		4
LNGS 112		4
MATH 124	Probability and Statistical Inference	4
CHEM 125	Introduction to Chemical Structure and Properties	4
CHEM 201	Purification and Separation Lab I	1
<b>Hours</b>		<b>17</b>
<b>Second Year</b>		
<b>Fall</b>		
LNGS 211		4
BIOL 101	Foundations of Biology	4
PHYS 105	Physics for the Life Sciences I	4
PSYC 111	Introductory Psychology	4
<b>Hours</b>		<b>16</b>
<b>Spring</b>		
BIOL 201	Intermediate Cell Biology and Genetics	4
EXHS 301		4
COLG 121	Medical Terminology	1
CS		4
<b>Hours</b>		<b>13</b>
<b>Third Year</b>		
<b>Fall</b>		
BIOL 325	Human Anatomy and Physiology I	4
TI		4
<b>Hours</b>		<b>8</b>
<b>Spring</b>		
BIOL 326	Human Anatomy and Physiology II	4
AE		4
<b>Hours</b>		<b>8</b>
<b>Fourth Year</b>		
<b>Fall</b>		
EXHS 308	Exercise Physiology	4
HE		4
<b>Hours</b>		<b>8</b>
<b>Spring</b>		
EXHS 306	Biomechanics	4
INTG 300	Learning Integrations	4
<b>Hours</b>		<b>8</b>
<b>Total Hours</b>		<b>95</b>

## Pre-Athletic Training with Study Abroad

Course	Title	Hours
<b>First Year</b>		
<b>Fall</b>		
INTG 105	College Success	1
INTG 100	Foundations	4

LNGS 111		4
NUTR 125	Concepts of Nutrition Science	4
TE		4
<b>Hours</b>		<b>17</b>
<b>Spring</b>		
CI		4
LNGS 112		4
MATH 124	Probability and Statistical Inference	4
CHEM 125	Introduction to Chemical Structure and Properties	4
CHEM 201	Purification and Separation Lab I	1
<b>Hours</b>		<b>17</b>
<b>Second Year</b>		
<b>Fall</b>		
LNGS 211		4
BIOL 101	Foundations of Biology	4
PHYS 105	Physics for the Life Sciences I	4
PSYC 111	Introductory Psychology	4
<b>Hours</b>		<b>16</b>
<b>Spring</b>		
BIOL 201	Intermediate Cell Biology and Genetics	4
EXHS 301		4
COLG 121	Medical Terminology	1
<b>Hours</b>		<b>9</b>
<b>Third Year</b>		
<b>Fall</b>		
BIOL 325	Human Anatomy and Physiology I	4
TI		4
AE		4
<b>Hours</b>		<b>12</b>
<b>Spring</b>		
Study Abroad		
GL		4
EX		4
HE		4
CS		4
<b>Hours</b>		<b>16</b>
<b>Fourth Year</b>		
<b>Fall</b>		
EXHS 308	Exercise Physiology	4
<b>Hours</b>		<b>4</b>
<b>Spring</b>		
EXHS 306	Biomechanics	4
INTG 300	Learning Integrations	4
BIOL 326	Human Anatomy and Physiology II	4
<b>Hours</b>		<b>12</b>
<b>Total Hours</b>		<b>103</b>