

OCCUPATIONAL THERAPY

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The College of Saint Benedict and Saint John's University offer a pre-professional program in occupational therapy. Students complete prerequisite coursework as outlined by the different accredited occupational therapy programs. Upon completion of the pre-professional coursework, the student is eligible to apply to colleges and universities offering a Master of Science degree in occupational therapy or a clinical doctorate degree in occupational therapy. Majors that students frequently pursue along with the pre-occupational therapy requirements are biology, exercise and health science, psychology, and nutrition.

Courses commonly required by graduate programs in occupational therapy:

Code	Title	Hours
BIOL 325	Human Anatomy and Physiology I	4
BIOL 326	Human Anatomy and Physiology II	4
PSYC 111	Introductory Psychology	4
PSYC 360	Developmental Psychology	4
PSYC 381	Psychological Disorders	4
SOCI 111	Introduction to Sociology	4
SOCI 121	Introduction to Anthropology	4
MATH 124	Probability and Statistical Inference	4
PSYC 221	Applied Behavioral Statistics	4
COLG 121	Medical Terminology	1

Due to the differences in prerequisite courses between occupational therapy programs, students should work closely with the faculty advisor in planning their pre-professional program. Students should meet with the campus advisor early in the fall semester of their first year.

Additional Requirements:

General Education Requirements:

All undergraduate students must complete the requirements of the Integrations Curriculum (IC) which is designed to ensure all of our students receive a liberal arts education. Please review details of the Integrations Curriculum (<https://catalog.csbsju.edu/catalog/academic-programs-policies-regulations/integrations-curriculum/>) requirements here (<https://catalog.csbsju.edu/catalog/academic-programs-policies-regulations/integrations-curriculum/>).

Graduation Requirements:

In addition to the Integrations Curriculum, all undergraduate students must meet the following minimum degree requirements to earn their degree from CSB and SJU.

Credits: 124 total credits, 40 of which must be from upper division coursework

GPA: 2.0 or higher*

Residency: At least 24 of your last 32 credits must be completed at CSB/SJU

Please visit Graduation (<https://catalog.csbsju.edu/catalog/academic-programs-policies-regulations/graduation/>) under the Academic Policies and Regulations (<https://catalog.csbsju.edu/catalog/academic-programs-policies-regulations/>)

programs-policies-regulations/) portion of the catalog for additional details regarding degree requirements.

* Cumulative GPA as well as major(s)/minor(s) GPA. Please note some majors/minors may require a higher GPA to earn their degree.

Four Year Plans

Pre-Occupational Therapy

Course	Title	Hours
First Year		
Fall		
INTG 105	College Success	1
INTG 100	Foundations	4
Language 111		4
PSYC 111	Introductory Psychology	4
BIOL 101	Foundations of Biology	4
		Hours
		17
Spring		
Language 112		4
Cultural/Social Difference - Identity		4
BIOL 201	Intermediate Cell Biology and Genetics	4
CHEM 125	Introduction to Chemical Structure and Properties	4
		Hours
		16
Second Year		
Fall		
Language 211		4
PHYS 105	Physics for the Life Sciences I	4
THEO 100	Theological Explorations	4
		Hours
		12
Spring		
SOCI 111	Introduction to Sociology	4
MATH 124	Probability and Statistical Inference	4
		Hours
		8
Third Year		
Fall		
BIOL 325	Human Anatomy and Physiology I	4
PSYC 360 or PSYC 381	Developmental Psychology or Psychological Disorders	4
Human Experience		4
		Hours
		12
Spring		
BIOL 326	Human Anatomy and Physiology II	4
PSYC 360 or PSYC 381	Developmental Psychology or Psychological Disorders	4
Artistic Expression		4
		Hours
		12
Fourth Year		
Fall		
Theological Integrations		4
Cultural/Social Difference - Systems		4
		Hours
		8
Spring		
INTG 300	Learning Integrations	4
COLG 121	Medical Terminology	1
		Hours
		5
		Total Hours
		90

Pre-Occupational Therapy with Study Abroad

Course	Title	Hours
First Year		
Fall		
INTG 105	College Success	1
INTG 100	Foundations	4
Language 111		4
PSYC 111	Introductory Psychology	4
BIOL 101	Foundations of Biology	4
Hours		17
Spring		
Language 112		4
Cultural/Social Difference - Identity		4
BIOL 201	Intermediate Cell Biology and Genetics	4
CHEM 125	Introduction to Chemical Structure and Properties	4
Hours		16
Second Year		
Fall		
Language 211		4
PHYS 105	Physics for the Life Sciences I	4
THEO 100	Theological Explorations	4
Hours		12
Spring		
SOCI 111	Introduction to Sociology	4
MATH 124	Probability and Statistical Inference	4
Hours		8
Third Year		
Fall		
Artistic Expression		4
PSYC 360 or PSYC 381	Developmental Psychology or Psychological Disorders	4
Hours		8
Spring		
Study Abroad		
GL		4
EX		4
Human Experience		4
Cultural/Social Difference - Systems		4
Hours		16
Fourth Year		
Fall		
Theological Integrations		4
BIOL 325	Human Anatomy and Physiology I	4
Hours		8
Spring		
INTG 300	Learning Integrations	4
BIOL 326	Human Anatomy and Physiology II	4
PSYC 360 or PSYC 381	Developmental Psychology or Psychological Disorders	4
COLG 121	Medical Terminology	1
Hours		13
Total Hours		98