

PHYSICAL THERAPY

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The College of Saint Benedict and Saint John's University offer a pre-professional program in physical therapy. Students complete prerequisite coursework as outlined by the different accredited physical therapy programs. Upon completion of the pre-professional coursework, the student is eligible to apply to colleges and universities offering a clinical doctorate degree in physical therapy. Majors that students frequently pursue along with the pre-physical therapy requirements are biology, exercise and health science, psychology, and nutrition.

Courses commonly required by graduate programs in physical therapy:

Code	Title	Hours
BIOL 101	Foundations of Biology	4
BIOL 201	Intermediate Cell Biology and Genetics	4
BIOL 325	Human Anatomy and Physiology I	4
BIOL 326	Human Anatomy and Physiology II	4
CHEM 125 & CHEM 201	Introduction to Chemical Structure and Properties and Purification and Separation Lab I	5
CHEM 250 & CHEM 202	Reactions of Nucleophiles and Electrophiles (Reactivity 1) and Purification and Chromatography Lab II	5
MATH 124 or PSYC 221	Probability and Statistical Inference Applied Behavioral Statistics	4
PHYS 105	Physics for the Life Sciences I	4
PHYS 106	Physics for the Life Sciences II	4
PSYC 111	Introductory Psychology	4
PSYC 360	Developmental Psychology	4
PSYC 381	Psychological Disorders	4
COLG 121	Medical Terminology	1

Additional courses may be required and the student may need to complete summer coursework in order to complete the graduate school application requirements in four years.

Due to the specific prerequisite courses that each physical therapy school requires, students are strongly encouraged to work closely with the faculty advisor in planning their pre-professional program. Students should meet with the campus advisor early in the fall semester of their first year.

Additional Requirements:

General Education Requirements:

All undergraduate students must complete the requirements of the Integrations Curriculum (IC) which is designed to ensure all of our students receive a liberal arts education. Please review details of the Integrations Curriculum (<https://catalog.csbsju.edu/catalog/academic-programs-policies-regulations/integrations-curriculum/>) requirements here (<https://catalog.csbsju.edu/catalog/academic-programs-policies-regulations/integrations-curriculum/>).

Graduation Requirements:

In addition to the Integrations Curriculum, all undergraduate students must meet the following minimum degree requirements to earn their degree from CSB and SJU.

Credits: 124 total credits, 40 of which must be from upper division coursework

GPA: 2.0 or higher*

Residency: At least 24 of your last 32 credits must be completed at CSB/SJU

Please visit Graduation (<https://catalog.csbsju.edu/catalog/academic-programs-policies-regulations/graduation/>) under the Academic Policies and Regulations (<https://catalog.csbsju.edu/catalog/academic-programs-policies-regulations/>) portion of the catalog for additional details regarding degree requirements.

* Cumulative GPA as well as major(s)/minor(s) GPA. Please note some majors/minors may require a higher GPA to earn their degree.

Four Year Plans Pre-Physical Therapy

Course	Title	Hours
First Year		
Fall		
INTG 105	College Success	1
INTG 100	Foundations	4
Language 111		4
PSYC 111	Introductory Psychology	4
CHEM 125	Introduction to Chemical Structure and Properties	4
CHEM 201	Purification and Separation Lab I	1
Hours		18
Spring		
Language 112		4
THEO 100	Theological Explorations	4
Cultural/Social Difference - Identity		4
CHEM 250	Reactions of Nucleophiles and Electrophiles (Reactivity 1)	4
CHEM 202	Purification and Chromatography Lab II	1
Hours		17
Second Year		
Fall		
Language 211		4
MATH 124	Probability and Statistical Inference	4
BIOL 101	Foundations of Biology	4
COLG 121	Medical Terminology	1
Hours		13
Spring		
BIOL 201	Intermediate Cell Biology and Genetics	4
MATH 119	Calculus I	4
Hours		8
Third Year		
Fall		
PHYS 105	Physics for the Life Sciences I	4
BIOL 325	Human Anatomy and Physiology I	4
Human Experience		4
Hours		12
Spring		
PHYS 106	Physics for the Life Sciences II	4
BIOL 326	Human Anatomy and Physiology II	4

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Cultural/Social Difference - Systems	4
Hours	12
Fourth Year	
Fall	
Theological Integrations	4
Artistic Expression	4
PSYC 360 or PSYC 381	Developmental Psychology or Psychological Disorders
Hours	12
Spring	
INTG 300	Learning Integrations
PSYC 360 or PSYC 381	Developmental Psychology or Psychological Disorders
Hours	8
Total Hours	100

Artistic Expression	4
PSYC 360 or PSYC 381	Developmental Psychology or Psychological Disorders
Hours	12
Spring	
INTG 300	Learning Integrations
PSYC 360 or PSYC 381	Developmental Psychology or Psychological Disorders
COLG 121	Medical Terminology
Hours	9
Total Hours	108

Pre-Physical Therapy with Study Abroad

Course	Title	Hours
First Year		
Fall		
INTG 105	College Success	1
INTG 100	Foundations	4
Language 111		4
BIOL 101	Foundations of Biology	4
CHEM 125	Introduction to Chemical Structure and Properties	4
CHEM 201	Purification and Separation Lab I	1
Hours		18
Spring		
Language 112		4
BIOL 201	Intermediate Cell Biology and Genetics	4
Cultural/Social Difference - Identity		4
CHEM 250	Reactions of Nucleophiles and Electrophiles (Reactivity 1)	4
CHEM 202	Purification and Chromatography Lab II	1
Hours		17
Second Year		
Fall		
Language 211		4
PHYS 105	Physics for the Life Sciences I	4
THEO 100	Theological Explorations	4
BIOL 325	Human Anatomy and Physiology I	4
Hours		16
Spring		
BIOL 326	Human Anatomy and Physiology II	4
PHYS 106	Physics for the Life Sciences II	4
PSYC 111	Introductory Psychology	4
Hours		12
Third Year		
Fall		
MATH 124	Probability and Statistical Inference	4
Theological Integrations		4
Hours		8
Spring		
Study Abroad		
GL		4
EX		4
Human Experience		4
Cultural/Social Difference - Systems		4
Hours		16
Fourth Year		
Fall		
MATH 119	Calculus I	4